

Preventative Care Benefits | 2026

Tests, screening and consultations	Benefit description	Managed Care Plan	Standard Care Plan	Value Care Plan
Vitality Health Check	<p>The tests include: Finger prick test (Blood glucose and Cholesterol), Blood pressure and Body Mass Index (BMI)</p> <p>Tests need to be performed by a Designated Service Provider</p>	Scheme to pay at 100% of the Scheme Reimbursement Rate (SRR)	Scheme to pay at 100% of the Scheme Reimbursement Rate (SRR)	Scheme to pay at 100% of the Scheme Reimbursement Rate (SRR)
Colorectal cancer screening	Faecal occult blood test (FOBT)	<p>Scheme to pay one FOBT at 100% of the SRR every 2 years</p> <p>Age between 50 and 75</p> <p>Additional screening in the form of colonoscopy will be made available for high-risk members or those with a positive faecal occult test</p>	<p>Scheme to pay one FOBT at 100% of the SRR every 2 years</p> <p>Age between 50 and 75</p> <p>Additional screening in the form of colonoscopy will be made available for high-risk members or those with a positive faecal occult test</p>	To be provided at Prime Cure Network facilities contracted for endoscopic procedures. Subject to the Family Hospital Limit
Pap smear test for cervical cancer	Histology test only	Scheme to pay at 100% of the SRR. One test per beneficiary –per year unless motivated by a doctor	Scheme to pay at 100% of the SRR. One test per beneficiary –per year unless motivated by a doctor	One test per beneficiary. Subject to approved tests and protocol at a Prime Cure facility
Breast Cancer screening	Mammogram	<p>Scheme to pay at 100% of the SRR</p> <p>Authorisation not required</p>	<p>Scheme to pay at 100% of the SRR</p> <p>Authorisation not required</p>	One mammogram, age 40 + Authorisation required
Brittle bone screening	Bone Densitometry	<p>Scheme to pay at 100% of the SRR</p> <p>Authorisation and referral required. Additional scans must meet clinical criteria for it to be authorised</p>	<p>Scheme to pay at 100% of the SRR</p> <p>Authorisation and referral required. Additional scans must meet clinical criteria for it to be authorised</p>	<p>Subject to approved tests and protocol at a Prime Cure facility, subject to Specialised Radiology Limit of R23 620 per family and the Family Hospital Limit</p> <p>Authorisation required</p>

Prostate screening	Pathology test	Scheme to pay one PSA screening test per year at 100% of SRR	Scheme to pay one PSA screening test per year at 100% of SRR	Subject to approved tests and protocol at a Prime Cure facility
Glaucoma screening	Consultation and tests	Subject to available funds in the MSA	Subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R6 380 child R3 190 and the Overall Annual Out of Hospital Family Limit	Subject to approved consultations and tests at a Prime Cure facility

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HIV screening/test	Pathology test	Scheme to pay at 100% of the SRR	Scheme to pay at 100% of the SRR	Screening at network pharmacy, HIV test at registered pathologist or medical technologist subject to approved codes for pathology
	Pharmacy HIV screening	Scheme to pay at 100% of the SRR	Scheme to pay at 100% of the SRR	
Vaccinations	Childhood vaccines	<p>Scheme to pay at 100% of the SRR</p> <p>Up to the age of 12 and subject to Department of Health protocol</p>	<p>Scheme to pay at 100% of the SRR</p> <p>Up to the age of 12 and subject to Department of Health protocol</p>	Not a covered benefit
	Flu vaccine	<p>One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme</p> <p>Once you reach the limit, claims will pay subject to the available funds in the MSA</p>	<p>One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme</p> <p>Once the limit is reached, claims will be paid, subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R6 380, child R3 190 and the Overall Annual Out of Hospital Family Limit</p>	One flu vaccine per beneficiary per year as per Prime Cure protocol



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	<p>Pneumococcal vaccine</p>	<p>2 vaccine and 2consultation per beneficiary over the age of 55, 2 per lifetime .</p> <p>For beneficiaries under the age of 55, the vaccine will be subject to the available funds in the MSA</p>	<p>2 vaccine and 2consultation per beneficiary over the age of 55, 2 per lifetime</p> <p>For beneficiaries under the age of 55, the vaccine will be paid, subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R6 380, child R3 190 and the Overall Annual Out of Hospital Family Limit</p>	<p>Not a covered benefit</p>
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Vaccinations (continued)	COVID-19 Vaccine	100% of SEP vaccine and administration. Frequency according to DoH guideline	100% of SEP vaccine and administration. Frequency according to DoH guideline	100% of SEP vaccine and administration. Frequency according to DoH guideline
	Human Papillomavirus (HPV) vaccine: Cervarix / Gardasil. For the prevention of cervical cancer	Scheme to pay at 100% of SRR Three lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor	Scheme to pay at 100% of SRR Three lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor	Not a covered benefit
Well Baby Clinics	Consultations and assessments	Subject to available funds in the MSA	Subject to the Annual Alternative and Allied healthcare services Sub-limit 1: adult R4 390 , child R920 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit