

Preventative Care Benefits | 2024

Tests, screening and consultations	Benefit description	Managed Care Plan	Standard Care Plan	Value Care Plan
Vitality Health Check	The tests include: Finger prick test (Blood glucose and Cholesterol), Blood pressure and Body Mass Index (BMI) Tests need to be performed by a Designated Service Provider	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate
Endoscopies for colorectal or cancer screening	Procedure performed at a day clinic or accredited network facility	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate	To be provided at Prime Cure Network facilities only
Pap smear test for cervical cancer	Histology test only	Scheme to pay at 100% of the Scheme Reimbursement Rate. One test per beneficiary aged 21 - 65 unless motivated by a doctor	Scheme to pay at 100% of the Scheme Reimbursement Rate. One test per beneficiary aged 21 - 65 unless motivated by a doctor	Subject to approved tests and protocol at a Prime Cure facility
Breast Cancer screening	Mammogram	Scheme to pay at 100% of the Scheme Reimbursement Rate, age 40 + Authorisation required	Scheme to pay at 100% of the Scheme Reimbursement Rate, age 40 + Authorisation required	Annual Family Hospital Limit and subject to the Radiology sublimit of R21 630 per family per year Authorisation required
Brittle bone screening	Bone Densitometry	Scheme to pay at 100% of the Scheme Reimbursement Rate, age 65 + Authorisation required	Scheme to pay at 100% of the Scheme Reimbursement Rate, age 65 + Authorisation required	Subject to approved tests and protocol at a Prime Cure facility Authorisation required
Prostate screening	Pathology test	Scheme to pay one PSA test at 100% of the Scheme Reimbursement Rate	Scheme to pay one PSA test at 100% of the Scheme Reimbursement Rate	Subject to approved tests and protocol at a Prime Cure facility
Glaucoma screening	Consultation and tests	Subject to available funds in the MSA	Subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R5 830 , child R2 910 and the Overall Annual Out of Hospital Family Limit	Subject to approved consultations and tests at a Prime Cure facility

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HIV screening	Pathology test	Scheme to pay at 100% of the Scheme Reimbursement Rate	Subject to the Annual Family Pathology Limit: adult R1 575 , child R565	Subject to approved tests at a Prime Cure facility
Vitality Fitness Assessment by a biokineticist		Not a covered benefit	Not a covered benefit	Not a covered benefit
Dietitian services	Consultations	Subject to available funds in the MSA	Subject to the Annual Alternative and Allied healthcare services Sub-limit 1: adult R4 010 , child R840 and the Overall Annual Out of Hospital Family Limit	Subject to the Allied Healthcare Services Limit of R2 110 per beneficiary up to a maximum of R3 165 per family per year Co-payment of 30% of Prime Cure negotiated rates applies if you refer yourself to any practitioner
Vaccinations	Childhood vaccines	Subject to available funds in the MSA	Subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R5 830 , child R2 910 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit
	Flu vaccine	One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme Once you reach the limit, claims will pay subject to the available funds in the MSA	One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme Once the limit is reached, claims will be paid, subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R5 830 , child R2 910 and the Overall Annual Out of Hospital Family Limit	One flu vaccine per beneficiary per year as per Prime Cure protocol
	Pneumococcal vaccine	One vaccine and one consultation per beneficiary per lifetime Paid by the Scheme for beneficiaries over the age of 55 For beneficiaries under the age of 55, the vaccine will be subject to the available funds in the MSA	One vaccine and one consultation per beneficiary per lifetime Paid by the Scheme for beneficiaries over the age of 55 For beneficiaries under the age of 55, the vaccine will be paid, subject to the Annual Consultations, Visits and Acute Medicine Sub-limit 2: adult R5 830 , child R2 910 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit

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Vaccinations (continued)	COVID-19 Vaccine	100% of SEP vaccine and administration. Frequency according to DoH guideline	100% of SEP vaccine and administration. Frequency according to DoH guideline	100% of SEP vaccine and administration. Frequency according to DoH guideline
	Human Papillomavirus (HPV) vaccine: Cervarix / Gardasil. For the prevention of cervical cancer	Scheme to pay at 100% of Scheme Reimbursement Rate One Lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor	Scheme to pay at 100% of Scheme Reimbursement Rate One Lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor	Not a covered benefit
Well Baby Clinics	Consultations and assessments	Subject to available funds in the MSA	Subject to the Annual Alternative and Allied healthcare services Sub-limit 1: adult R4 010 , child R840 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit