

Preventative Care Benefits

2020

Tests, screening and consultations	Benefit description	Managed Care Plan	Standard Care Plan	Value Care Plan
Vitality Health Check	The tests include: Finger prick test (Blood glucose and Cholesterol), Blood pressure and Body Mass Index (BMI) Tests need to be performed by a designated service provider	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate
Pap smear for cervical cancer screening	Histology test only	Scheme to pay at 100% of the Scheme Reimbursement Rate. One test per beneficiary age 21-65 unless motivated by a doctor	Scheme to pay at 100% of the Scheme Reimbursement Rate. One test per beneficiary age 21-65 unless motivated by a doctor	Subject to approved tests at a Prime Cure facility
Mammogram	Subject to authorisation	Scheme to pay at 100% of the Scheme Reimbursement Rate	Scheme to pay at 100% of the Scheme Reimbursement Rate	Annual Family Hospital Limit and subject to the Radiology sublimit of R18 800 per family per year
Prostate screening	Pathology test	Scheme to pay one PSA test at 100% of the Scheme Reimbursement Rate	Scheme to pay one PSA test at 100% of the Scheme Reimbursement Rate	Subject to approved tests at a Prime Cure facility
Glaucoma screening	Consultation and tests	Subject to the available funds in the MSA	Subject to the Annual Consultations, Visits and Acute Medicine Limit: adult R5 000 , child R2 500 and the Overall Annual Out of Hospital Family Limit	Subject to approved consultations and tests at a Prime Cure facility
HIV test	Pathology test	Scheme to pay at 100% of the Scheme Reimbursement Rate	Subject to the Annual Family Pathology Limit: adult R1 350 , child R485	Subject to approved tests at a Prime Cure facility

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Vitality Fitness Assessment by a biokineticist		Not a covered benefit	Not a covered benefit	Not a covered benefit
Consultations by a dietitian		Subject to the available funds in the MSA	Subject to the Annual Family Limit for Alternative and allied healthcare services: adult R3 440 , child R720 and the Overall Annual Out of Hospital Family Limit	Subject to the Allied Healthcare Services Limit of R1 850 per beneficiary up to a maximum of R2 780 per family per year Co-payment of 50% of Prime Cure negotiated rates applies if you refer yourself to any practitioner
Vaccinations	Childhood vaccines	Subject to the available funds in the MSA	Subject to the Annual Consultations, Visits and Acute Medicine Limit: adult R5 000 , child R2 500 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit
	Flu vaccine	One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme Once you reach the limit, claims will pay subject to the available funds in the MSA	One flu vaccine and one consultation per beneficiary per year will be paid for by the Scheme Once the limit is reached, claims will be paid subject to the Family Limit for Consultations, Visits and Acute Medicine: adult R5 000 , child R2 500 and the Overall Annual Out of Hospital Family Limit	One flu vaccine per beneficiary per year will be paid for by the Scheme

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	Pneumococcal vaccine	<p>One vaccine and one consultation per beneficiary per lifetime</p> <p>Paid by the Scheme for beneficiaries over the age of 55</p> <p>For beneficiaries under the age of 55, the vaccine will be subject to the available funds in the MSA</p>	<p>One vaccine and one consultation per beneficiary per lifetime</p> <p>Paid by the Scheme for beneficiaries over the age of 55</p> <p>For beneficiaries under the age of 55, the vaccine will be paid subject to the Annual Family Limit for Consultations, Visits and Acute Medicine Limit: adult R5 000, child R2 500 and the Overall Annual Out of Hospital Family Limit</p>	Not a covered benefit
	Human Papillomavirus (HPV) vaccine: Cervarix / Gardasil. For the prevention of cervical cancer	<p>Scheme to pay at 100% of Scheme Reimbursement Rate.</p> <p>One Lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor.</p>	<p>Scheme to pay at 100% of Scheme Reimbursement Rate.</p> <p>One Lifetime vaccination per female or male beneficiary from age 9-26 unless motivated by a doctor.</p>	Not a covered benefit
Well Baby Clinics	Consultations and assessments	Subject to the available funds in the MSA	Subject to the Annual Family Limit for alternative and allied healthcare services: adult R3 440 , child R720 and the Overall Annual Out of Hospital Family Limit	Not a covered benefit