

# MEDIBREF

SEPTEMBER 2018

# Baby on the way – what do you need to do as a member of AMS?

When you fall pregnant, a million things go through your head. You already feel overwhelmed with questions about both your and your baby's health, the financial implications of raising a child and the future of your family – so we do understand that medical aid matters might not be at the top of your list.

In terms of Scheme cover, the most important thing to remember is to call us on **0860 222 633** to:

- register your pregnancy between week 12 and 20;
- get authorisation for the confinement; and
- register your newborn within 30 days of birth.

### Registration of your pregnancy - why?

If you don't register your pregnancy, the consultations with your GP or gynaecologist and ultrasound scans will be paid out of your normal day-to-day benefits or Medical Savings Account. If you do, however, register your pregnancy between week 12 and 20, you get access to additional maternity benefits. On the Standard Care Plan (SCP) you have access to eight prenatal and/or postnatal consultations and on the Managed Care Plan (MCP) you have 12 prenatal and/or postnatal consultations per pregnancy – either at your GP or gynaecologist. On the Value Care Plan (VCP), in addition to your GP consultations, two gynaecologist consultations per pregnancy are covered at the Prime Cure agreed rate. Two 2D ultrasound scans per pregnancy are covered on all three plans.

### Authorisation for the confinement

As for any procedure or hospital admission, you need to get authorisation for the confinement. Every pregnancy is different and we do not know when your baby will be born. Call us as soon as your anticipated delivery date has been established. If the delivery comes sooner than anticipated, you can call us within 48 hours after admission to obtain authorisation. On the SCP and MCP, your confinement can take place in a hospital or, if preferred, in a low-risk maternity unit provided by a registered midwife. There is no hospital limit, but Scheme Reimbursement Rates apply – 100% on SCP and up to 230% on MCP. On VCP, the confinement in hospital is subject to the Overall Family Hospital Limit and the Prime Cure agreed rate.

### Registration of your newborn 30 days after birth

As per the Scheme rules, you need to register your baby within 30 days of birth in order to ensure membership and prevent waiting periods. To register your baby, please submit the application form for the 'Registration of a new-born baby' (available on www.angloms.co.za > Info Centre > Downloads) to your HR department together with the baby's birth certificate.

### Did you know?

The '30-day registration deadline' also applies to newly adopted children or if you want to add your new spouse and dependants to your membership.

# If you terminate your AMS membership - can you re-join later?

We occasionally see that pensioners terminate their AMS membership for various reasons. In some cases, these individuals reapply for membership after some time. Please be aware that, due to the restricted nature of the Scheme, you can only (re) apply for AMS membership if you are an active employee (not a retiree) of one of our participating employers – regardless of whether you were a member previously.

You will be able to remain on AMS if your status changes from an active employee to a retiree, or if you are a surviving registered dependant at the time of the death of the main member, and apply for continuation of membership.

Familiarise yourself with the Scheme Rules on www.angloms.co.za > My Scheme > Rules, or call us on 0860 222 633 for any question you might have.

## Year-end presentations

As scheduled every year in November, your Client Liaison Officer will present the 2019 changes for your plan at our year-end presentations. Below are our pensioner-session details. Employed members: please ask your employer about presentations at your workplace.

| Gauteng                                                              | Date                     | Time            | Address                                                            |
|----------------------------------------------------------------------|--------------------------|-----------------|--------------------------------------------------------------------|
| Mpact Springs Mill                                                   | 01/11/2018               | 10:00 and 14:00 | 82 Steel Road, New Era, Springs (NB: Please use main entrance)     |
| Apollo Hotel                                                         | 02/11/2018               | 10:00 and 14:00 | 158 Bram Fischer Drive, Randburg                                   |
| Great Park Synagogue                                                 | 05/11/2018               | 10:00 and 14:00 | Cnr Glenhove Road and 4th Street, Houghton                         |
| Sheraton Hotel                                                       | 06/11/2018               | 10:00           | Cnr Church and Wessels Streets, Arcadia, Pretoria                  |
| Soweto                                                               | 08/11/2018               | 10:00           | Mosego Home T/A New Takalani Home (opp. Lesedi Clinic)             |
| Riverside Sun Vanderbijlpark (new venue)                             | 09/11/2018               | 10:00           | Riverside Sun, Cnr Wenning Street & Emfuleni Drive, Vanderbijlpark |
| Limpopo                                                              | Date                     | Time            | Address                                                            |
| Pietersburg Club                                                     | 12/11/2018               | 10:00           | 119 Suid Street, Polokwane                                         |
| Mpumalanga                                                           | Date                     | Time            | Address                                                            |
| Mpact Corrugated                                                     | 13/11/2018               | 10:00           | 13 Heyneke Street, Industrial Site, Nelspruit                      |
| Sabie Country Club                                                   | 14/11/2018               | 10:00           | Main Street, Sabie                                                 |
| RSVP: sanjayo@angloms.co.za or call 086                              | 0 222 633 as soon        | as possible     |                                                                    |
|                                                                      |                          |                 |                                                                    |
| KwaZulu-Natal                                                        | Date                     | Time            | Address                                                            |
| Mondi Sports Club                                                    | 01/11/2018               | 10:00           | Travancore Drive, Merebank                                         |
| Port Shepstone Country Club                                          | 02/11/2018               | 10:00           | Cussonia Road, Port Shepstone                                      |
| Mondi Richards Bay, Conference Room 1                                | 07/11/2018               | 10:00           | 7 Western Arterial, Alton, Richards Bay                            |
| Fern Hill Hotel and Conference Centre                                | 08/11/2018               | 10:00           | R103, Midmar, Howick                                               |
| Riverside Hotel                                                      | 09/11/2018               | 09:00 and 11:00 | 10 Northway Drive, Durban North                                    |
| Chamber House                                                        | 16/11/2018               | 09:30           | Royal Showgrounds, Pietermaritzburg                                |
| RSVP: meganc@angloms.co.za or call 086                               | 60 222 633 as soon       | as possible     |                                                                    |
| Western and Eastern Cape                                             | Date                     | Time            | Address                                                            |
| Mowbray Golf Club                                                    | 07/11/2018               | 10:30           | 1 Raapenberg Road, Mowbray                                         |
|                                                                      |                          | 10.00           | Cnr Plattekloof Rd & Rothschild Blvd, Welgelegen                   |
| Encore Conference Centre                                             | 13/11/2018               | 10:30           | eni i latteriori i di rottisenili Divi, weigelegen                 |
| Encore Conference Centre<br>Community Hall on Vergelegen Wine Estate | 13/11/2018<br>15/11/2018 | 11:00           | Lourensford Road, Somerset West                                    |
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| Community Hall on Vergelegen Wine Estate                             | 15/11/2018               | 11:00           | Lourensford Road, Somerset West                                    |

**Visit www.angloms.co.za to learn more about your Scheme and benefits.** Find all previous MediBrief editions in the Info Centre > MediBrief Archive.

### Member Queries:

Value Care Plan: 0861 665 665, anglo@primecure.co.za Standard and Managed Care Plan: 0860 222 633, member@angloms.co.za Claims: claims@angloms.co.za