

Post Vaccination Support

When to seek medical care?

If you develop any of the below symptoms within a month of vaccination, seek urgent medical care:

- New onset severe headache especially if with blurred vision, vomiting, weakness on one side of the body or difficulty speaking
- Severe abdominal pain that does not go away
- A rash of tiny red spots at the injection site
- A painful or cold leg
- Chest pain or shortness of breath
- Contact the COVID-19 Public Hotline for any assistance: 0800 029 999

Understanding side effects

- Experiencing mild side effects after getting a vaccine is normal and just means that your body is working to build up protection.
- Common side effects:
 - Injection area is sore or red
 - Fever or chills
 - Headache
 - Fatigue
 - Muscle aches
 - Nausea
- Side effects can start around 6 hours after the vaccine, peak at 24 hours and resolve in 2-3 days. If you need to, treat pain and fever with paracetamol.
- No side effects does not mean your body is not mounting an immune response
- Very rare side effects are anaphylaxis (a severe allergic reaction), blood clots or COVID arm (mild allergic reaction that presents as an itchy, red rash that is typically around where the needle entered your arm). Seek urgent medical care if you experience any of these side effects