



Meet our new Trustee: Vanessa Naicker

We are delighted to welcome Vanessa Naicker to the AMS Board of Trustees. A long-standing member of the Scheme and Vice President: Social Impact at Anglo American, Vanessa brings a wealth of experience, insight and commitment to her new role. We sat down with her to learn what motivated her to become a Trustee, the values that guide her and what she hopes to contribute during her term.

MediBrief: What motivated you to take on the role of Trustee for Anglo Medical Scheme?

Vanessa: I have been a long-standing member of AMS and whilst I have been satisfied with the benefit and service levels of the Scheme over the years, the recent organisational changes in Anglo American, as well as Government's National Health Insurance ambitions, prompted me to put my name forward for consideration as a Trustee. My motivation centres on ensuring that members' interests are safeguarded, issues of concern are raised timeously, that quality, affordable healthcare for members is maintained and protected and that the Scheme remains financially sustainable for the long term.

MediBrief: How does your experience and your role as Vice President: Social Impact inform your perspective on healthcare and wellness?

Vanessa: I have been fortunate to hold various roles during my 27 years in Anglo American including technical, operational and management roles across the mining value chain. In my current role as Vice President: Social Impact, I am also responsible for health as part of my broader portfolio. I believe my breadth of experience will add value as an AMS Trustee as I appreciate the importance of cost-effective, sustainable and smooth operations in delivering timely, effective care. I value the use of technology and data to empower members to be more proactive with their health and my experience in social impact initiatives has sharpened my perspectives on health inequalities, social determinants of health and the importance of preventative healthcare measures.

MediBrief: In your view, what role do medical schemes play in improving the lives of employees and their families?

Vanessa: Medical aids are an integral mechanism to provide financial protection against the high costs of healthcare. In the SA environment, private medical aid allows for our employees and their families to have access to a network of quality healthcare providers and services, not just for medical emergencies, but also as an effective tool to support preventative care. A healthier workforce makes business sense and reduces the health burden in the country.

MediBrief: What values or principles guide you in decisions that affect the wellbeing of others?

Vanessa: I value integrity, care, empathy and fairness in decision-making, especially as they affect the wellness of others.

MediBrief: What do you hope to contribute to the Board during your term as Trustee?

Vanessa: I hope to represent members' voices and to influence and support the Scheme's operations and policies, whilst being cognisant of ensuring long term sustainability of the Scheme.

MediBrief: What message would you like to share with AMS members as you begin this journey?

Vanessa: I have an open-door policy and encourage any member to reach out to raise any concerns about, or share messages of support for, our medical scheme.

We are excited to have Vanessa on board as we continue building a strong future for AMS.

Pensioner year-end presentations: Join us this November

At AMS, we believe that providing medical cover is just the beginning. What truly sets us apart is our sense of community. That's why our year-end presentations for pensioner members are such an important part of our calendar. These sessions are dedicated to you, our pensioner community, and are designed to keep you informed, connected and supported.

Why attend?

- Hear about your new benefits: Get first-hand insight into your benefits and contributions for 2026.
- Meet your Client Liaison Officer (CLO): Put a face to the name, connect directly with the person who supports you throughout the year and ask questions.

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- Be part of the AMS community: These sessions are a chance to meet fellow pensioner members, share experiences and strengthen the sense of belonging that makes AMS unique.
- Ask your questions: This is your opportunity to raise any general queries about the Scheme and get answers directly from AMS.

How to join:

If you're able, we warmly encourage you to attend a physical meeting in your region. It's the best way to connect with your CLO and fellow AMS members in person. If you can't make it to a venue, we'll also be hosting virtual presentations so that you can join from the comfort of your home.

Lucky draw:

And yes, our traditional lucky draw continues! All pensioner members attending the year-end sessions stand a chance to win a Dis-Chem voucher. Could this be your lucky year?

Contact details:

- Eastern Region (KZN)
Megan Collins: MeganC@angloms.co.za

- Central Region (GAU)
Zikhona Mbele: ZikhonaM5@angloms.co.za
- Southern Region (WCP/ECP)
Shantal Pothiah: ShantalP2@angloms.co.za

Virtual pensioner presentations:

- 4 November 2025 at 10h00
- 5 November 2025 at 10h00

All pensioner members are welcome to attend any of the virtual meetings, regardless of where you live. If you RSVP, we'll send you the access details two days before the virtual sessions.

First time joining online? No problem – you can use your browser on your computer, tablet or phone without needing to download any apps.

Physical pensioner presentations:

Below are our suggested meeting venues, depending on member interest and the number of RSVPs received.

If you'd like a meeting in your area, let us know and if there's enough interest, we'll gladly add more dates and venues.

Please **RSVP** by sending an email to your CLO by **17 October 2025** with your name, membership number and your chosen session.

Eastern Region (KZN) – Megan Collins

KwaZulu-Natal	Date	Time	Address
Mondi Richards Bay, Conference Room 2	11/11/2025	10:30	7 Western Arterial Road, Alton, Richards Bay
Fern Hill Hotel and Conference Centre	12/11/2025	10:30	3255 R103, Midmar, Howick
Mondi Merebank Sports Club	13/11/2025	10:00	Mondi Sports Club, Travencore Drive, Merebank

Central Region (GP) – Zikhona Mbele

Gauteng	Date	Time	Address
Mpact, Springs Mill	6/11/2025	10:00	82 Steel Road, New Era, Springs (Please use main entrance)
Great Park Synagogue	10/11/2025	10:00	Cnr Glenhove Road and 4th Street, Houghton
Pimville Community Hall	11/11/2025	10:00	Modjadji Street, Pimville, Soweto
Hotel Apollo	12/11/2025	10:00	158 Bram Fischer Drive, Ferndale, Randburg

Southern Region (WCP/ECP) – Shantal Pothiah

Eastern and Western Cape	Date	Time	Address
Premier Resort, Conference Room	10/11/2025	12:00	1 George Rex Dr, Rexford, Knysna
StayEasy Century City	13/11/2025	10:00	Century Blvd, Century City, Milnerton, Cape Town
Vergelegen Wine Estate, Community Hall	20/11/2025	12:00	Lourensford Rd, Somerset West, Cape Town

Employee year-end presentations

If you are employed, these presentations will be offered at your workplace. Please follow your employer's internal communication or visit the Scheme Calendar on the AMS [website](#) to check the dates and venues for upcoming sessions.

Do you have membership or Scheme questions? Contact us on the numbers and addresses listed here:

Value Care Plan: 0861 665 665 | support@kaelo.co.za | Standard and Managed Care Plans: 0860 222 633 | member@angloms.co.za and claims@angloms.co.za

Visit www.angloms.co.za to learn more about your Scheme and benefits. Log in and find all previous MediBrief editions under My Documents > Knowledge Library