

MEDI BRIEF

MARCH 2022

Board of Trustees changes



Duncan McCallum



Dr Frank Fox



Mary Farrell

Duncan McCallum announced his retirement after serving as Vice Chairman for four years and seven years as a Trustee; his leadership and astuteness will be missed. We are sincerely grateful to Duncan for the invaluable and significant contributions he has made for the benefit of all members. We wish him all the very best in his future endeavours. Dr Frank Fox has been appointed to take up the reins as Vice Chairman. The Scheme is fortunate to have Frank serving on the Board with his in-depth understanding of healthcare. He is

a highly qualified medical doctor with significant experience, both local and international, who has worked with AMS and served on the Board for many years. We look forward to working with Frank as our Vice Chairman. Mary Farrell has previously served as an alternate member-elected Trustee and we welcome her back to the Board, replacing Duncan as a member-elected Trustee.

Reminder: Disputes Committee nominations

Please remember to send your nominations for the Schemes' Disputes Committee to principalofficer@angloms.co.za. For more information on the election of the Committee and who to nominate, please refer to the February 2022 issue of MediBrief.

Prepare yourself for this winter season

In case it has been forgotten, most of us have lived quite isolated lives for the past two years and have not been exposed to the common flu virus. Now is the time to consider when last you had a flu vaccine and the likelihood that your natural influenza immunity may be waning. The new flu vaccines are now available in South African pharmacies, which are funded by the Scheme, including the related consultations. This year it is particularly important for those suffering from 'long' Covid-19 and our at-risk members who already suffer from respiratory diseases, to consider protection before the onset of the colder months.

Beneficiaries over 55 years of age might also want to consider a pneumococcal vaccine. This once-off vaccine and consultation

are funded by the Scheme as well. As we all know, vaccines can't always protect you completely from the disease but, as you age, your immune system weakens, and you may want to make use of every available option to reduce the chances of contracting, as well as minimising the severity of pneumonia. Discuss your personal need for vaccination with your doctor and ask which vaccine you should get, and when.

A reminder on Covid vaccines: There is no shortage of information about Covid-19 vaccinations and boosters in the media, and you would have received the most recent and useful material from our administrator, Discovery Health; however, if you wish to receive more from the Scheme, please do let us know.



Have you downloaded the Anglo Medical Scheme App yet?

Download the Anglo Medical Scheme App to access information about your benefits, plan and membership – anywhere, anytime. More info available at www.angloms.co.za

Medical Savings Account – payment request forms

One of the most frequently asked questions of our Call Centre staff is how to use one's savings in the Medical Savings Account (MSA) if one is on the Managed Care Plan. We dedicated an article to the topic in the 2021 September issue of MediBrief.

Here we detail how to instruct the Scheme to fund additional costs from your MSA.

Find documents and forms

Navigate to the Info Centre on the Scheme website where you will find the most frequently used forms and documents you need to manage your membership. The forms available are the "Application for Special Payments made from the Medical Savings Account" and the "Medical Savings Account once-off payment instruction form".

Which form to use in which instance

MSA once-off payment instruction

- By submitting this form, you are instructing the Scheme to always pay certain services in excess of the Scheme Reimbursement Rate (SRR) in full. Under normal circumstances, the claim would only have been paid up to the SRR and you would have been responsible for any shortfall as an out-of-pocket expense. Obviously, the Scheme will only pay claims if you have available funds in your MSA.
- This form is not applicable to services related to Prescribed Minimum Benefits (PMB) claims.
- This once-off instruction will be in force until you advise the Scheme otherwise.

Application for special payments made from the Medical Savings Account

- This form is a request to the Scheme to consider the payment of a Scheme-excluded service or medicine or the balance of a claim that has exceeded a limit. It is required to be completed each time the member wants an exclusion or limit excess be funded from the funds available in your Medical Savings Account.
- The approval of this application is subject to the funds accrued in previous years and are carried over to your Medical Savings Account (MSA).



There are certain criteria that you need to be aware of before you apply for a special payment from your Medical Savings Account:

- Special payments from your MSA are always subject to an approval process.
- The main member must complete and sign this application form.
- A valid account supplied by your provider after the service was received is needed for you to claim from the Scheme and for the Scheme to consider your special payment.
- This account must be attached to the application form.
- Special payments from your MSA will only be considered for claims where the healthcare provider is registered with the Board of Healthcare Funders (BHF). This means the healthcare provider must have a BHF practice number.
- Special payments from your MSA must be for a valid and recognised medical procedure, treatment or product.
- Scheme exclusions may be considered based on clinical evidence and Scheme Rules.
- If approved, the special payment from your MSA will be made to you, the member, and not directly to the provider, as you are responsible for ensuring payment of medical accounts.
- Special payments will not be approved on quotations, as the Scheme may not fund future expenses and a quotation may not reflect the final account.
- Special payments from your MSA for Prescribed Minimum Benefits cannot be requested.
- Special payments will not be approved if you have a waiting period.

To read more about what can or cannot be funded from your MSA and under which circumstances, please refer to the "MSA Masterclass" article, published in the MediBrief issue of September 2021, or to your Benefit Guide and Scheme Rules.

Do you have further questions on the articles in this edition? Contact us on the numbers and addresses listed here:

Visit www.angloms.co.za to learn more about your Scheme and benefits.

Find all previous MediBrief editions in the Info Centre > Knowledge Library.

Member Queries:

Value Care Plan: 0861 665 665, anglo@primecure.co.za

Standard and Managed Care Plan: 0860 222 633, member@angloms.co.za

Claims: claims@angloms.co.za